

# The Fruit

## Lesson 10

Saved by Faith - A Study through Galatians for Kids!

Galatians 5:16-26

### Discussion

#### Questions

After reading this lesson's scripture, discuss these with your kids!

1. In verse 16 Paul tells us to walk by the Spirit. Who is the Spirit and how do we walk by the Spirit?
2. What is the fruit of the Spirit? (verses 22-23) Share with each other what your favorite fruit of the Spirit is.
3. What are we to do when we belong to Jesus Christ? (v. 24) Check out John 1:12 to see how we can belong to Jesus Christ.

### Craft Time

#### Items Needed:

- Construction paper
- Markers
- Stickers

**"Fruit of the Spirit" Craft** – The Holy Spirit within Jesus' believers produce fruit which are: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Make a craft that show these fruits.

- First, outline nine fruit shapes onto a piece of paper. Some fruit shape ideas are: watermelon, apple, kiwi, banana, orange and grapes etc.
- Next, label each fruit shape with one of the nine fruit of the Spirit listed above. Use markers to color in the fruits.
- Finally, write on the bottom of the craft: "But the fruit of the Spirit is love..." Galatians 5:22a. Decorate the craft with stickers.

### Let's Play

#### Items Needed:

- Paper & pen
- Bowl

**"Fruit Charades!" Game** – In this game, the family will have fun acting out the fruit of the Spirit!

- First, write down all nine of the fruit of the Spirit onto slips of paper. Fold the paper and place them into a bowl.
- Next, family members will take turns picking a folded paper and then acting out that fruit of the Spirit.
- The other family members will guess which fruit of the Spirit is being acted out. Continue to play until all nine fruit of the Spirit have been acted out.

### Bonus!

#### Have extra time?

Here's an idea to try!

**"Fruit Toss!"**– Split the family into pairs, facing each other. Give each pair a fruit to toss. On "Go" the pairs will toss the fruit while taking a step backwards each time the fruit is caught. The pair with the most catches wins!