

Do Good!

Lesson 11

Saved by Faith - A Study through Galatians for Kids!

Galatians 6:1-10

Discussion

Questions

After reading this lesson's scripture, discuss these with your kids!

1. If another Christian is caught up in a sin, what can we do to help them and how do we do it? (v. 1)
2. Looking at verse 2, Paul encourages Christians to bear each other's burdens. What are some burdens we can bear for one another?
3. In verses 7-8 Paul talks about sowing. We reap what we sow. When a farmer sows orange seeds, he will reap oranges during the harvest. If we sow to the Spirit, what do we reap? (v. 8) What happens if we don't give up sowing to the Spirit? (v. 9)

Craft Time

Items Needed:

- Paper cup
- Seeds
- Soil
- Markers

"Whatever One Sows" Activity – Plant a seed in a cup and observe the process of sowing and reaping.

- First, decorate a paper cup with markers and write on the cup, "...whatever one sows, that will he also reap." Galatians 6:7b
- Next, fill the cup $\frac{3}{4}$ full of soil. Place a seed on the soil and then cover another inch of soil. Some common seeds found in the home that can be planted are: orange seeds, pinto beans, apple seeds and watermelon seeds.
- Water the seed and over time you will observe the seed's growth.

Let's Play

Items Needed:

- Cups/containers
- Pillows

"Bear up!" Game – Paul encourages us to bear one another's burdens. In this game the family will take turns bearing up pillows!

- First, clear out an open space. Create a start and finish line by using cups or plastic containers as markers.
- Next, gather a pile of pillows.
- Family members will take turns crawling from the start to finish line while balancing a pillow on their back. Round One, everyone will balance one pillow on their back. Round Two, everyone will balance two pillows on their back. Round Three, everyone will balance three pillows on their back! The family member who was able to bear the most pillows wins!

Bonus!

Have extra time?

Here's an idea to try!

The "Do Good" Cookies – Bake a batch of cookies to give to your neighbor! Place the cookies on a paper plate and wrap them in plastic wrap. Give them to your neighbor along with an encouraging card!